

Ergebnisliste vom: 16.08.2009 - Schwarme Triathlon2009 - 300-10-2

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| Pfm | Plw | StNr. | Name, Vorname | Pfg. | Verein | GJ | Ak | AKm | AKw | Endzeit | Schwim. | Rad | Schw+Rad | Lauf | Rückst. | WB |
|-----|-----|-------|----------------------|------|-----------------------|----|-------|-----|-----|---------|---------------|---------------|---------------|---------------|---------|----|
| 1 | | 105 | Plenge, Erik | 1 | Avacon BSG Syke | 65 | TM40 | 1 | | 0:39:58 | 0:05:39(2) | 0:22:00(1) | 0:27:39(1) | 0:12:19(4) | 0:00:00 | 5 |
| | 1 | 109 | Lausch, Sarah | 2 | Stader SV | 93 | wJugA | 1 | | 0:41:08 | 0:05:18(1) | 0:22:47(2) | 0:28:05(2) | 0:13:03(8) | 0:01:10 | 5 |
| | 2 | 106 | Hannemann, Lynn | 3 | Oldenburg | 71 | TW35 | 1 | | 0:43:14 | 0:07:45(7) | 0:23:49(4) | 0:31:34(4) | 0:11:40(3) | 0:03:16 | 5 |
| | 3 | 101 | Eichholz, Kirstin | 4 | | 66 | TW40 | 1 | | 0:43:34 | 0:07:24(5) | 0:24:37(5) | 0:32:01(5) | 0:11:33(2) | 0:03:36 | 5 |
| 2 | | 100 | Apmann, Hilmar | 5 | Die Schlickschleicher | 68 | TM40 | 2 | | 0:44:00 | 0:07:47(8) | 0:23:42(3) | 0:31:29(3) | 0:12:31(5) | 0:04:02 | 5 |
| 3 | | 104 | Passenheim, Olaf | 6 | Blockbusters | 69 | TM40 | 3 | | 0:47:15 | 0:07:31(6) | 0:26:47(6) | 0:34:18(7) | 0:12:57(7) | 0:07:17 | 5 |
| | 4 | 108 | Kracke, Hilke | 7 | TV | 90 | wJun | 1 | | 0:47:56 | 0:07:05(4) | 0:30:16(8) | 0:37:21(8) | 0:10:35(1) | 0:07:58 | 5 |
| 4 | | 107 | Hannemann, Jens | 8 | Oldenburg | 72 | TM35 | 1 | | 0:48:07 | 0:07:04(3) | 0:27:10(7) | 0:34:14(6) | 0:13:53(9) | 0:08:09 | 5 |
| 5 | | 110 | Gralher, Klaus-Peter | 9 | Morsum | 57 | TM50 | 1 | | 0:52:56 | 0:09:13(10) | 0:31:08(9) | 0:40:21(10) | 0:12:35(6) | 0:12:58 | 5 |
| 6 | | 102 | Hoffmann, Dirk | 10 | | 65 | TM40 | 4 | | 0:56:45 | 0:08:34(9) | 0:31:43(10) | 0:40:17(9) | 0:16:28(10) | 0:16:47 | 5 |

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